

## Work Experience

### Practitioner and Professional Education in Nutrition

- Faculty, Department of Nutrition, Bastyr University, 1990-2020
- Senior Science Consultant, The George Mateljan Foundation, 2007-2019
- Owner, Buck Levin Consulting and Buck Levin Publications (2010-Present) and Founder, Inklusorium.com (2020)
- Co-Owner, HingePin Integrative Learning Materials (1999-2009)
- Clinical Nutritionist, Vashon Natural Medicine, Vashon WA (2003-2009)
- Director of Health Science, SaluGenecists, Inc., Seattle WA (2000-2007)
- Teaching Faculty, 1998-2004, Institute for Functional Medicine (Gig Harbor, WA)
- Associate Editor, 2002-2007, *Integrative Medicine: A clinician's journal*
- Director of Educational Outreach, HealthComm International, Gig Harbor WA (1994-1997)
- Nutrition Editor, *Quarterly Review of Natural Medicine* (1993-1996)
- Scientific Advisory Board, *Nutrition Science News* (1995-2000)
- Consulting Nutritionist, Northwest Clinical Nutrition Center, Seattle WA (1988-1991)

### Public and Community Education in Nutrition

- Senior Writer, *8 Pillars of the World's Healthiest Foods* (2020) (in production)
- Co-author with Elson Haas, *Staying Healthy With Nutrition: 21st Century Edition* (2006) Ten Speed Press, Berkeley CA
- Panel Member, King County Board of Health, Workshop on Nutrition and Cancer Prevention, Seattle, Washington (1999)
- Invited presentations: EarthSave International, United Cerebral Palsy, Horizon Airbliss, Washington State Beef Commission, Northwest Body, Mind and Spirit Symposium, Washington State Dietetic Association, Food & Nutrition Conference & Expo, Greater Seattle Dietetic Association, Institute of Advanced Clinical Esthetics, Natural Products Expo West
- Live call-in radio show, KING-1090 AM, Seattle, WA (1987-1988)
- Presenter, Public Access Cable "Be Healthy Naturally" Series (1994)

### Industry Consulting

- Training and technical support on a per-contract basis for manufacturers (Coconut Bliss), law firms (Durham, Jones, & Pinegar), and manufacturers (Murdoch Madaus Schwabe)

# Buck Levin, PhD, RD

Vashon Island, WA (USA) | buck@bucklevin.com

<b>Licensing</b>		Commission on Dietetic Registration, Registered Dietitian Nutritionist ID# 716573 (1987-Present)
<b>Education</b>	<b>PhD</b> 1987	University of North Carolina at Greensboro <i>(Nutrition, Greensboro, NC)</i>
	<b>MA</b> 1976	Duquesne University <i>(Psychology, Pittsburgh, PA)</i>
	<b>BA</b> 1975	Yale University <i>(Psychology, New Haven, CT)</i>  <i>(Magna Cum Laude, Phi Beta Kappa, Distinction in Psychology)</i>
<b>Publications</b>	<b>2010-2020</b>	Levin B. (2021) <b>Globalization and Your Diet</b> (Food With The World In Mind Series, Vol. 2 (in development) (250 pages)  Levin B. (2020). <b>Sustainability and Your Diet</b> (Food With The World In Mind Series, Vol. 1 (in final production) (255 pages)  Levin B. (Senior Writer). (2020). <b>8 Pillars of the Healthiest Foods. (in production)</b> (1061 pages)  Levin B. (2010). <b>Environmental Nutrition: 2010 Updates.</b> Hingepin Integrative Learning Materials. Vashon, WA. (37 pages)
	<b>2005-2010</b>	Haas E with Levin B. (2006). <b>Staying Health with Nutrition.</b> 21st Century Edition. Ten Speed Press, Berkeley, CA. (927 pages).  Levin B, Wicks D, and Baker S. (2006). Editorial Responses. <b>Mitochondrial Disease and Dysfunction.</b> Integrative Medicine: A clinician's journal 5(3): 24. (1 page)  Levin B. (2006). Editorial Responses. <b>Proteomics Research: Implications for Clinical Medicine.</b> Integrative Medicine: A clinician's journal 5(2): 22. (1 page)

**2005-2010**  
(continued)

Levin B, Bland JS, and Schmidt MA. (2006). **Functional Medicine in Natural Medicine**. In: Pizzorno JE and Murray MT. Textbook of Natural Medicine. Third Edition. Churchill Livingstone, St. Louis. (14 pages)

Levin B. (2005). Editorial Responses: **The Food Pyramid and Disease Prevention**. Integrative Medicine: A Clinician's Journal 4(6):22. (1 page)

**1995-2005**

Levin B. (2000). **Environmental Nutrition Self-Study Course Guide**. Pre-Approved 21-Credit Continuing Professional Education Course for Registered Dietitians. HingePin Integrative Learning Materials, Vashon Island, WA. (36 pages)

Levin B. (1999). **Environmental Nutrition: Understanding the Link between Environment, Food Quality, and Disease**. HingePin Integrative Learning Materials, Vashon Island, WA. (304 pages)

Levin B, Smith K, and Schmidt M. (1999). **Selected aspects of nutrition and physical performance**. In: Subotnick S. (Ed). Sports medicine of the lower extremity. Second edition. Churchill Livingstone, New York. (15 pages)

Levin B. (1999). **Organic versus sustainable**. *Environmental Nutrition Dietetic Practice Group Quarterly Newsletter*, January, pp.1-4. (4 pages)

Levin B. (1999). **Food toxins and health: why is there a clinical debate?** *Environmental Nutrition Dietetic Practice Group Quarterly Newsletter*, January, pp.5-6. (2 pages)

Levin B. (1999). **Biogeochemical cycles and sustainability**. *Environmental Nutrition Dietetic Practice Group Quarterly Newsletter*, April, pp.6-11. (6 pages)

## 1995-2005 (continued)

Levin B. (Contributing Author). (1999). **Clinical nutrition: a functional approach.** The Institute for Functional Medicine, Inc. Gig Harbor, Washington. (324 pages)

Levin B, Schmidt MA, Lee M, Bland JS, and James M. (1999). **Functional medicine: an integrative paradigm.** In: Jonas WB and Levin JS. (Eds.). *Essentials of Complementary and Alternative Medicine.* Lippincott, Williams and Wilkins. Philadelphia. (605 pages)

Levin B, Schmidt MA, and Bland JS. (1999). **Functional medicine in natural medicine.** Chapter 1 in: *Textbook of Natural Medicine,* Churchill Livingstone, Edinburgh. (14 pages)

Levin B. (contributing author). (1998). **Nutritional management of inflammatory disorders.** The Institute for Functional Medicine, Inc. Gig Harbor, Washington. (128 pages).

Bland JS and Levin B. (1997). **Nutritional support for a biopsychological approach to cancer therapy.** *Advances: Mind-Body J* 13(1):26-30. (5 pages)

Levin B. (1997). **The oxidative origins of arthritis.** *Nutr Sci News* 2(12):598-604. (7 pages)

Levin B. (1997). **Infant nutrition: correcting our mistakes.** *Nutr Sci News* 2(4):192-194. (3 pages)

Levin B. (1997). **Intestinal permeability and nutritional support of intestinal integrity.** *Qrtrly Rev Nat Med,* Summer, 141-150. (10 pages)

Levin B. (1997). **Coenzyme Q: clinical monograph.** *Qrtrly Rev Nat Med,* Fall, 235-250. (16 pages)

## 1985-1995

Levin B.(Contributing Writer). (1994). **Diet.** In: *Alternative medicine - the definitive guide.* Future Medicine Inc., Beverly Hills. (26 pages)

# Buck Levin, PhD, RD

---

Vashon, WA (USA) | [buck@bucklevin.com](mailto:buck@bucklevin.com)

**1985-1995**  
(continued)

Keane M, Silverstein L, and Levin B. (1993). **The ability to accurately perceive macronutrient intake and its relationship to formal reasoning.** *Soc Nutr Educ*, Abstract. (1 page)

Levin B. (1992). **Gnawing doubts: thoughts about food as an endangered species.** *J Ecol Design Assoc* 1(4): 34-38. (5 pages)

Levin B. (1987). **Nutritional modulation of growth and maturation and the development of specific age-related diseases.** University Microfilms International, Ann Arbor. (doctoral dissertation). (196 pages).